

Philosophical Knowledge for Self-Defense Level

I. The Ten Pledges:

As a Viet Vo Dao Disciple, I shall:

1. Strive to reach the height of martial arts in order to serve mankind.
2. Faithfully build up my martial arts discipline and develop a new generation of Vovinam youth.
3. Live in harmony with others, respect my seniors and love my fellow disciples.
4. Absolutely obey Vovinam's rules and regulations, and uphold the honor of a martial artist.
5. Respect other disciples of martial arts, and only use force for self-defense and defense of justice.
6. Work hard for personal and ethical enrichment.
7. Live an honest, modest, and noble life.
8. Develop the firm will to overcome all obstacles in life.
9. Develop sound judgment and stamina, and act with wisdom
10. Be self-confident, self-controlled, and benevolent; and constantly review myself to strive for improvements.

II. The Meaning of the Ten Pledges:

1. The first pledge is about the ideal and purpose of practicing martial arts.
2. The second pledge is about the disciple's obligations toward Vovinam and the people.
3. The third pledge is about the unity among Vovinam disciples.
4. The fourth pledge is about the discipline and the honor of the martial artist.
5. The fifth pledge is about the awareness of using martial arts.
6. The sixth pledge is about the direction of learning and the ethical thinking of a disciple.
7. The seventh pledge is about the goals of living
8. The eighth pledge is about will power through training.
9. The ninth pledge is about how one must think, make decision and act correctly and practically.
10. The tenth pledge is about the positive traits a Vovinam disciple must have.